

How Long Does Fruit Last:

Fresh **Apples** - lasts for 2-4 weeks on counter and 1-2 months in refrigerator

Fresh Whole **Strawberries** - last for 1-2 Days or 5-7 days in refrigerator. If they are washed, and dried, they can be frozen up to 8 months, or if they are prepared and sliced, they can be frozen in a freezer safe container about 4 months.

Bananas – on counter about 2-5 days (depending on ripeness), refrigerator 5-7 days once ripe, and in freezer about 2-3 months (with change in texture and color)

Fresh Lemons - last for 2-4 weeks on Counter, 1-2 months in refrigerator

Cut Lemons - last for 12-24 hours on counter (safely), and 2-3 days in refrigerator

Fresh **Avocados** - last for 3-4 Days on counter, and 7-10 days refrigerator

Homemade **Guacamole** - lasts for 3-4 hours at room temperature, and around 1-2 days in refrigerator

Fresh **Oranges** - last for 2-3 weeks on counter, and about 1-2 months in refrigerator

Cut Oranges - last for 12-24 hours on counter (safely), and 1-2 days in refrigerator

Fresh Whole **Peaches** - last for 3-4 days on counter, around 4-5 days in refrigerator, and about 6-9 months in the freezer (if stored in airtight container, preferably sliced)

Fresh Whole **Pears** – on counter 1-4 days or until ripe (sometimes a bit longer) and in refrigerator about 5-7 days once ripe

Tomatoes (yes, it's a fruit) – lasts about 1-5 days and about 2-3 days once ripe in the refrigerator. Tomatoes can be frozen for around 2 months if you don't mind a change in texture (best used for stews, soups, and sauces).

Disclaimer: Please use your best judgment when eating food. If you are at all concerned about the quality of your food, if it smells strange or tastes "funny," don't hesitate to throw it out. Your health and safety should always come first. I am not a doctor or scientist, but simply someone who is offering information from other sources. Always feel free to do your own research if something doesn't feel right. Also, if the temperature of your refrigerator or freezer isn't where it should be, this will drastically affect the expiration date of your food. Be safe!
